



RESULTATER

JR. 1111 '89

DOMBÅS

23.02.1989

KOMPLETT LISTE

KR.20,-



Lorenskog Skiklubb



Rælingen Skiklubb



R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder: Nydal/Løkken
Junior-NM 1989
Torsdag 23. februar 1989
Kvinner 16 år
ID : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	090 MARTINSEN, Bente	Nittedal	18.04,0	00.00,0
1	091 MJØEN, Cecilie	IF Graabein	18.04,0	00.00,0
3	097 STØVEREN, Heiga Therese	Nedre Sigdal IF	18.29,0	00.25,0
4	099 SELNES, Line	Lensvik IL	18.30,0	00.26,0
5	030 EITREIM, Tone	Odda	18.35,0	00.31,0
5	088 AMLIE, Ragnhild	Røsa IL	18.46,0	00.42,0
7	092 TJELLE, Kristin	Frisk	18.47,0	00.43,0
8	076 JOHNSEN, Anette	Lensvik IL	18.49,0	00.45,0
9	013 LANDRØ, Ellen	Kirkenes IF	18.53,0	00.49,0
10	009 SYSE, Astri	Dovre IL	18.56,0	00.52,0
11	006 SLETNER, Hanne	IK Rindals Troll	19.00,0	00.56,0
12	095 SETHER, Grethe	IL LIV/Fossekalen	19.07,0	01.03,0
13	096 PEDERSEN, Hilde Juul	Beitstad	19.08,0	01.04,0
14	103 BRØRS, Anne Sofie	Ø. Toten Skilag	19.13,0	01.09,0
15	081 HOVLESEN, Gøril	Ternen	19.19,0	01.15,0
16	054 VASVEEN, Torunn	Raufoss IL	19.19,0	01.15,0
16	057 ERLAND, Ranveig	Berum Værk IF	19.24,0	01.20,0
19	082 ARVNES, Gry	Kilebygda IL	19.25,0	01.21,0
20	021 SKARSETH, Nina	Tverrelvdalen IL	19.25,0	01.21,0
20	108 ØPGÅRD, Karianne	Bamble IL	19.27,0	01.23,0
22	011 GULLIKSEN, Ashild	IK Rindals Troll	19.28,0	01.24,0
23	055 LANDSEM, Gunvor	Rinna IL	19.29,0	01.25,0
24	026 BERG, Marianne	IL Frea	19.29,0	01.25,0
24	106 SVENDSEN, Brit Monica	Støren Sp.kl.	19.32,0	01.28,0
26	083 JOHNSEN, Trine	Spillum	19.33,0	01.29,0
27	053 NYBORG, Tove	Eidsdal IL	19.38,0	01.34,0
28	010 EIDE, Astrid	Kjøpsnes IL	19.38,0	01.34,0
28	042 NILSEN, Mona	Kjøpsnes IL	19.38,0	01.34,0
30	101 REINE, Hege	Konnerud IL	19.39,0	01.35,0
31	043 TALLHAUG, Gry	IL LIV/Fossekalen	19.40,0	01.36,0
32	048 TEIGE, Christine	Driv	19.41,0	01.37,0
32	094 KJELSBERG, Tone	Røros IL	19.41,0	01.37,0
34	070 SANDVOLL, Merete	S. Al IL	19.44,0	01.37,0
35	089 HELASAUNET, Nina	IL Stålkameratene	19.48,0	01.44,0
36	001 KASPERSEN, Wenche	Bratsberg IL	19.50,0	01.46,0
36	100 NYGÅRD, Nina	IL Stålkameratene	19.50,0	01.46,0
38	067 ØIUM, Sissel R.	NSG/Runar	19.50,0	01.46,0
39	066 HAUGERUD, Trine E	Eidsvold Værk SK	19.54,0	01.50,0
40	077 MARKEN, Hanne	Konnerud IL	19.56,0	01.52,0
41	098 RUKTEN, Trine	Vind IL	19.59,0	01.55,0
42	002 RYE, Rita	Mosjøen IL	20.00,0	01.56,0
42	105 BENTDAL, Yngvil	Byneset	20.02,0	01.58,0
44	047 HAUGNES, Lillian	NSG/Berum Skiklubb	20.02,0	01.58,0
45	060 RØSTE, Inger	Trysilgutten	20.03,0	01.58,0
46	031 ECKMANN, Stine	Nes SPKL	20.04,0	02.00,0
47	107 TÆRUD, Rigmor	Hasle Løren	20.05,0	02.01,0
48	052 FULLSTAD, Marit	NSG/Ullensaker SK	20.06,0	02.02,0
49	050 HALDORSEN, Elisabeth	Stor Eivdals SK	20.08,0	02.04,0
50	024 MO, Randi	Korlevold	20.13,0	02.09,0
51	017 RINHEIM, Marit	Overhalla	20.19,0	02.15,0
51	087 JOHANSEN, Janne	Øyer IL	20.20,0	02.16,0
53	023 GJERDRUM, Therese	Talvik IL	20.20,0	02.16,0
54	039 SOLBERG, Kari-Anne	Kjelsås	20.21,0	02.17,0
54	062 MAJORMØEN, Erna	IL Beveren	20.24,0	02.20,0
54		Nesbyen IL	20.24,0	02.20,0

X-SPORT RESULTATSYSTEM 890223 10:48.25



R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder: Nydal/Løkken
Junior-NM 1989
Torsdag 23. februar 1989
Kvinner 16 år
ID : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	041 SOLBERG, Line	Oseberg	20.30,0	02.26,0
57	008 BREKKEN, Marianne	Berum Skiklubb	20.32,0	02.28,0
57	019 LUND, Inger	Sørum IL	20.32,0	02.28,0
59	044 HAUG, Anne Cathrine	Bekkelaget	20.33,0	02.29,0
60	104 SANDAUNET, Britt	Skatval Skilag	20.37,0	02.33,0
61	071 NORSETH, Anne-Kath.	Berum Skiklubb	20.39,0	02.35,0
62	020 GALAEN, Berit Marie	Tynset	20.41,0	02.37,0
62	074 HALLAND, Hilde	Innstrandens IL	20.41,0	02.37,0
64	003 BØGSET, Kristin	Buvik IL	20.42,0	02.38,0
64	049 AAS, Ann Kristin	Strindheim IL	20.42,0	02.38,0
64	059 LARSEN, Tone	Botne	20.42,0	02.38,0
67	005 JENTOFT, Marianne	Innstrandens IL	20.43,0	02.39,0
68	016 VOLD, Margit	Flatås IL	20.44,0	02.40,0
69	078 NORBOM, Hilde K	Konnerud IL	20.45,0	02.41,0
70	033 EIDE, Valborg	Vagå IL	20.48,0	02.44,0
71	072 OLSEN, Hege	Salangen IF	20.49,0	02.45,0
72	027 HOEM, Monica	Utleira IL	20.49,0	02.47,0
73	080 ILEBEKK, Anne Gro	Øvrebø IL	20.54,0	02.50,0
74	012 RØSTE, Kjersti	Nes SPKL	20.55,0	02.51,0
74	064 BERGENSEN, Lin	Lekang Skilag	20.55,0	02.51,0
76	063 FJELLHEIM, Line K.	Oppstad IL	20.58,0	02.54,0
77	025 JULNOC, Ellen	Høigådal	21.00,0	02.56,0
78	045 HOLMLI, Lillian	Vinne Skilag	21.01,0	02.57,0
79	018 TAJET, Guri	Brunndal	21.02,0	02.58,0
80	085 KRISIANSEN, Ingunn	Vang SL	21.04,0	03.00,0
81	032 MELAS, Karianne	Kjosens IL	21.07,0	03.03,0
82	007 MØE, Eli	Øvrebø IL	21.08,0	03.04,0
83	040 ANDERSEN, Thrine Scharp	Koll	21.11,0	03.07,0
84	102 KLEVSTAD, Tine	SKjervøy IK	21.14,0	03.10,0
85	086 BJERKNES, Anita	IF Birkebeineren	21.22,0	03.18,0
86	014 AAM, Maj Britt	Ørsta IL	21.23,0	03.19,0
86	037 KARLSEN, Marion	Innstrandens IL	21.23,0	03.19,0
88	061 STRAND, Silja H.	Stor Eivdals SK	21.27,0	03.23,0
89	073 KJØNSBERG, Eli	Aslia	21.28,0	03.24,0
90	084 ROSTADMO, Vanja	Sør-Tranøy IL	21.34,0	03.30,0
91	075 BAKKEN, Beate	NORD-TRØNDELAS Skikr	21.38,0	03.34,0
92	004 STENSAS, Linda	Flatås IL	21.41,0	03.37,0
93	028 JENSEN, Birgit Ø.	Berum Skiklubb	21.56,0	03.52,0
94	065 BLEKA, Berit	Øyer IL	22.04,0	04.00,0
95	051 KALSETH, Merete	Rotsundelv IL	22.11,0	04.07,0
96	058 JACOBSEN, Gro Anette	Gulset	22.17,0	04.13,0
97	022 WILHELMSEN, Cathrine	Moss Skiklubb	22.36,0	04.32,0
98	038 JACOBSEN, Laila	Koll	23.01,0	04.57,0
99	015 ASERUD, Trine-Lise	Trøsken IL	23.04,0	05.00,0
100	029 FRANTZEN, Elisabeth	Hasle Løren	23.34,0	05.30,0
101	056 ØLMHEIM, Catherine	Øystese	24.05,0	06.01,0

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder: Nydal/Løkken

Junior-NM 1989
Kvinner 18/19 år

Torsdag 23. februar 1989
TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T	I	D	ETTER
1	304 UGLEM, Kari	Strindheim IL	35.54,0	00.00,0		
2	318 TRONSTAD, Laila	Leksvik	36.18,0	00.24,0		
3	308 HANSEN, Kari Mette	Strindheim IL	36.23,0	00.29,0		
4	325 NYMDEN, Maj Helen	Trysilguttan	36.30,0	00.36,0		
5	326 VISNES, Siw Kristin	Gol IL	36.34,0	00.40,0		
6	306 TØMMERVOLD, Monica	Strindheim IL	36.53,0	00.59,0		
7	313 VESTØREN, Kristin	IF Børdalen	37.07,0	01.13,0		
8	312 RUUD, Astrid	Vind IL	37.21,0	01.27,0		
9	324 BJØRGEN, Kathrine	Aasguten	37.30,0	01.36,0		
10	315 TANDE, Inger Mai	Strindheim IL	37.35,0	01.41,0		
11	237 RYKHUS, Sonja	Dovre IL	37.43,0	01.49,0		
12	314 SKJOLDEN, Anette	IL LIV/Fossekalven	37.47,0	01.53,0		
13	322 RØKKE, Kathrine	Stjørdals-Blink	37.49,0	01.55,0		
14	298 HOEL, Kirsti Elisabeth	NSG/Fossum IF	37.51,0	01.57,0		
15	316 HANSEN, Gøril	Senja Skilag	38.17,0	02.23,0		
16	319 SANDSTAD, Hanne	Selbu IL	38.25,0	02.31,0		
17	226 GUNDERSEN, Nancy	S. Al IL	38.28,0	02.34,0		
18	300 HANSEN, Lene	Senja Skilag	38.34,0	02.40,0		
19	320 ANDERSEN, Heidi	Aslia	38.38,0	02.44,0		
20	279 HAUKLAND, Ingrid Utne	Innstrandens IL	38.44,0	02.46,0		
21	309 FJØSNE, Magnhild	BUL	38.45,0	02.51,0		
22	233 KARLSEN, Siv Elise	Gjerpen	38.46,0	02.52,0		
24	317 KVAMME, Anita	Strindheim IL	38.53,0	02.59,0		
25	223 RINDALSHOLT, Mærete	Strindheim IL	39.01,0	03.07,0		
26	303 SKJELLAND, Inger	Andebu IL	39.07,0	03.13,0		
27	321 LAUKLI, Ase Helene	Konnerud IL	39.10,0	03.16,0		
28	294 HATLEBERG, Gro	Kongsberg IF	39.11,0	03.17,0		
29	236 HELSAUNET, Arnhild	Bratsberg IL	39.15,0	03.21,0		
30	235 KLUCK, Vibeke	Tambarskj.	39.15,0	03.21,0		
30	307 ENGEN, May-Briith	Spydeberg IL	39.20,0	03.26,0		
32	265 HUSE, Katrine	Ullensaker SK	39.24,0	03.30,0		
33	286 SMEDBAKKEN, Tone	Eidsvold Værk SK	39.26,0	03.32,0		
34	256 HANSEN, Monica	Høybråten og Stovner	39.35,0	03.41,0		
35	221 TANEM, Sissel I.	IL Nordlyset	39.37,0	03.43,0		
36	301 EMANUELSEN, Lone	Bratsberg IL	39.39,0	03.45,0		
37	255 SKAVHAUG, Ase Mette	Tormod Skilag	39.43,0	03.49,0		
38	292 KONGSLI, Anita	Lånke	39.45,0	03.51,0		
39	273 SØRLI, Ellinor	Ø. Toten Skilag	39.45,0	03.51,0		
41	239 FUGLI, Mona	Fet SK	39.49,0	03.55,0		
42	222 DOLMSET, Mai Anita	IL Leik	39.50,0	04.02,0		
43	299 AUNE, Gunn Heidi	Selbu IL	40.01,0	04.07,0		
44	254 STIEN, Nancy	Aga IL	40.03,0	04.09,0		
45	251 BREEN, Liv Randi	Bratsberg IL	40.16,0	04.22,0		
46	249 MARTINSEN, Kirsti	Kolvereid	40.19,0	04.25,0		
47	259 SÆTHER, Berit	Byåsen IL	40.20,0	04.26,0		
48	224 SKEIDE, Anette	Follo SK	40.27,0	04.33,0		
48	244 SUND, Janne	Spillum	40.27,0	04.33,0		
50	260 WIGERNES, Ine	Grorud	40.37,0	04.43,0		
51	248 BJØRVIG, Kristin	Ørnum Skiklubb	40.39,0	04.45,0		
52	227 SÆTERSDAL, Ida	Viking	40.46,0	04.52,0		
53	283 SKIRSTAD, Katharina	Haslum IL	40.49,0	04.55,0		
54	310 ARNESON, Aste	Oseberg	40.51,0	04.57,0		
55	252 MYHRE, Siw Kristin	S. Al IL	40.58,0	05.04,0		

X-SPORT RESULTATSYSTEM 890223 12:42.53

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder: Nydal/Løkken

Junior-NM 1989
Kvinner 18/19 år

Torsdag 23. februar 1989
TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T	I	D	ETTER
56	225 BJØRNAA, Karen	Byåsen IL	40.59,0	05.05,0		
56	276 SØRØ, Aud	Gjerstad IL	40.59,0	05.05,0		
56	291 HELLE, Nina	Fet SK	40.59,0	05.05,0		
59	228 HABBERSTAD, Kjersti	Eidsvold Værk SK	41.00,0	05.06,0		
60	281 RASMUSSEN, Line	NSG/Mjøndalen IF	41.05,0	05.11,0		
60	297 STIGEN, Marianne	Bækkelaget	41.05,0	05.11,0		
62	230 GJØRA, Elisabeth	Driva IL	41.06,0	05.12,0		
63	278 FLATEN, Hege	Kvås IL	41.11,0	05.17,0		
64	271 HØGAAS, Anne	Eidsvold Værk SK	41.16,0	05.22,0		
65	305 JOHNSEN, Lisbeth	Tromsø Skiklubb	41.18,0	05.24,0		
66	231 HAAKSTAD, Lis Karin	Melbu IL	41.21,0	05.27,0		
67	238 LILLEBAKKEN, Monica	Nordbygda IL	41.25,0	05.31,0		
67	277 SAGMOEN, Brita	Vang SL	41.25,0	05.31,0		
-69	262 STEINKJER, Harrieth	Nordreisa IL	41.27,0	05.33,0		
70	270 KLYKKEN, Ase	Overhalla	41.30,0	05.36,0		
71	289 JEBENS, Kathrine	Fossum IF	41.38,0	05.44,0		
72	267 EITHUN, Marit B.	IL Nor	41.42,0	05.48,0		
73	295 THAGAARD, Kristin Sem	Fossum IF	41.43,0	05.49,0		
74	288 LUND, Trine	Bærum Værk IF	42.09,0	06.15,0		
75	282 LUNDEMO, Inger J.	Varden	42.13,0	06.19,0		
76	234 SKJELHAUG, Tone	Grorud	42.14,0	06.20,0		
77	264 BRÆKKE, Tove	Veldre IL	42.20,0	06.26,0		
78	253 FOSSEBERG, Berit	Tonstad IL	42.20,0	06.26,0		
79	266 OLSEN, Mona	Rotsundelv IL	42.34,0	06.40,0		
80	274 SUND, Jorun	Spillum	42.37,0	06.43,0		
81	285 TØNDEVOLDSHAGEN, Karin	Øyer IL	42.40,0	06.46,0		
82	275 KAASA, Karin	Skarphedin	42.58,0	07.04,0		
83	257 LØNSTAD, Britt Unni	N. Snertingdal IL	43.17,0	07.23,0		
84	240 VØLLAUG, Ann-Kristin	Ullensaker SK	43.41,0	07.47,0		
85	241 SVALENG, Tina	Mosjøen IL	43.51,0	07.57,0		
86	268 EIDE, Inger Helen	Vagå IL	43.59,0	08.05,0		
88	263 FLATLAND, Sissel	Hemsedal IL	44.05,0	08.11,0		
89	272 GULLINGSRUD, Kristin	Nesbyen IL	44.18,0	08.24,0		
90	280 HAUGLI, Anne	S. Al IL	44.44,0	08.50,0		
91	284 BLEKKAN, Tove	Steinkjer Skiklubb	45.09,0	09.15,0		
92	246 FJELLSTAD, Kathrine	Stovnerkameratene	46.28,0	10.34,0		
93	287 BLEKKAN, Grete	Steinkjer Skiklubb	47.18,0	11.24,0		
BRUTT	245 SJØL, Hanne	IF Børdalen				

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder: Nydal/Løkken

Junior-NM 1989 Torsdag 23. februar 1989
Menn 18/19 år TD : Thorbjørn Refsæth

PLASS NR.	NAVN	LAG	T I D	ETTER
111	393 KRISTIANSSEN, Thor E.	NSG/Haugsbuysgd IF	52.59,0	07.58,0
112	406 RUD, Knut	Gjerdrum IL	53.15,0	08.14,0
113	394 STØKKE, Torbj.	Høybråten/Stovner	53.18,0	08.17,0
114	338 KROGH, Tore	Byåsen IL	53.23,0	08.22,0
115	377 JOHANSEN, Helge	Skjervøy IK	53.32,0	08.31,0
116	421 GRINDAHL, Odd Petter	Fredrikstad SK	53.43,0	08.42,0
117	399 ISAKSEN, Ronny	Båtsfjord IF	54.00,0	08.59,0
118	433 KRISTIANSSEN, Morten	Gran IL	54.15,0	09.14,0
119	447 LANDE, Eivind	Skarphedin	54.55,0	09.54,0
120	411 FINBERG, Vegard	Ottestad	55.19,0	10.18,0
121	422 THARALDSEN, Truls	EGGE	55.35,0	10.34,0
122	425 SVENDSEN, Bjørn	Kjelsås	56.30,0	11.29,0
123	432 LANGERØD, Espen	Gjerpen	56.40,0	11.39,0
	BRUTT 372 SIVERTSEN, Odd Kåre	IL Pioner		

X-SFØRT RESULTATSYSTEM 890223 13:48.55

Lørenskog Skiklubb/
Rellingen Skiklubb
Renleder: Nydal/Løkken

Torsdag 23. februar 1989
TD : Thorbjørn Refseth

PLASS NR. NAVN LAG T I D ETTER

1	699	ALSGAARD, Thomas	Eidsvold Værk SK	31.40,0	00.00,0
2	703	MEMANN, Thomas	Vestfossen IF	32.16,0	00.36,0
3	711	RENA, Hans Jørgen	Hommelvik	32.48,0	01.08,0
4	705	BAKKEN, Torodd	Botne	33.09,0	01.29,0
4	710	TJØGENSEN, Kjetil	Høybråten og Stovner	33.09,0	01.29,0
6	715	TRONVOLL, Ove Erik	SVorkmo IL	33.24,0	01.44,0
7	700	LOE JOHANSEN, Øyvind	Nidely IL	33.29,0	01.49,0
8	630	ØSTVOLD, Ola	Vind IL	33.41,0	02.01,0
9	708	ELIASSEN, Odd Arne	Idun's IL	33.43,0	02.03,0
10	714	AAS, Arnstein	Voss	33.53,0	02.13,0
11	648	FOSSE, Morten	Harestua IL	33.55,0	02.15,0
12	685	RØRHUS, Atle	Raufoss IL	34.00,0	02.20,0
13	649	TØNDEVOLDSHAGEN, Jon	Øyer IL	34.03,0	02.23,0
13	712	WESTER, Hans Egil	Overhalla	34.03,0	02.23,0
15	631	TØLLEFSEN, Esben	Silsand & Omegn IF	34.07,0	02.27,0
16	713	OLSEN, Even	Rotsundelv IL	34.09,0	02.29,0
17	642	ELBOTH, Thomas	Kjelsås	34.10,0	02.30,0
18	698	FØRLAND, Thomas	Heggedal IL	34.14,0	02.34,0
19	654	KVERNMYHR, Ståle	Andebu IL	34.15,0	02.35,0
20	684	SANDVIK, Olav	Nidely IL	34.16,0	02.36,0
21	658	OMLAND, Ole J.	Skedsmo	34.19,0	02.39,0
21	687	AUKLAND, Anders	Oseberg	34.19,0	02.39,0
23	599	HOEM, Magne Reier	Isfjorden IL	34.21,0	02.41,0
24	675	GALÆN, Jan Magne	Moelven IL	34.22,0	02.42,0
25	605	BERGENSEN, Hein	Røllingen SK	34.31,0	02.51,0
26	677	HVAMB, Jostein	Sauland	34.32,0	02.52,0
27	716	BJERVIG, Espen	Oseberg	34.33,0	02.53,0
28	610	KAGEN, Thorbjørn	IL Ros	34.35,0	02.55,0
28	681	ELLEFSEN, Helge	Fauske IL	34.35,0	02.55,0
30	669	HOLTHE, Jan Erik	Jonsvatnet IL	34.36,0	02.56,0
31	618	SAXRUD, Amund	Tangen IL	34.38,0	02.58,0
32	688	NORVIK, Frank	Frosta	34.41,0	03.01,0
33	647	BAKKEN, Vidar	Bærum Skiklubb	34.42,0	03.02,0
34	660	KARLSEN, Knut	Voss	34.43,0	03.03,0
35	640	SIGRIDNES, Jon Salve	Dristug IL	34.45,0	03.05,0
36	595	HEGGEN, Hovel	Gran IL	34.46,0	03.06,0
37	607	GLOMNES, Tore	Holmen	34.48,0	03.08,0
37	702	ESTIL, Frode	Sørli	34.48,0	03.08,0
39	634	PLATOU, Hans Chr.	Drammens Ballklubb	34.49,0	03.09,0
40	589	BARDESEN, Sindre	Yang SL	34.50,0	03.10,0
40	593	RINGHUS, Helge	IL Rein	34.50,0	03.10,0
42	683	LILLEFJELL, Roar	Stod	34.52,0	03.12,0
43	557	BEG, Thormod	Greaker IF	34.53,0	03.13,0
44	529	JACOBSEN, Anders	Kjelsås	34.55,0	03.15,0
45	666	ALLERGOTTI, Espen	Høybråten og Stovner	34.58,0	03.18,0
46	650	JENSUOLL, Bernt	Rinna IL	35.01,0	03.21,0
46	663	HAUKLAND, Lars Utne	Innstrandens IL	35.01,0	03.21,0
48	670	WALAKER, Roger	Jotun	35.02,0	03.22,0
49	632	RYKHUS, Geir Kåre	Dovre IL	35.03,0	03.23,0
50	594	PEDERSEN, Vegard	Siso IL	35.08,0	03.28,0
51	679	JØRGENSEN, Tore	Lekang Skilag	35.11,0	03.31,0
52	626	BERTSEN, Erik	Eidsvold Værk SK	35.14,0	03.34,0
53	694	FUGLEN, Tord	Selbu IL	35.17,0	03.37,0
54	692	THORSTENSEN, Dag	Høybråten og Stovner	35.18,0	03.38,0
55	644	JOHANSEN, Yngve	Bardufoss & omegn IF	35.19,0	03.39,0

Lørenskog Skiklubb/
Rellingen Skiklubb
Renleder: Nydal/Løkken

Torsdag 23. februar 1989
TD : Thorbjørn Refseth

PLASS NR. NAVN LAG T I D ETTER

56	637	HELLERUD, Jørgen	NSG/Frisk	35.22,0	03.42,0
57	619	RØ, Arnulf	IL Skrim	35.29,0	03.49,0
58	604	ESPEDAL, Terje	Bjerkreim IL	35.32,0	03.52,0
59	673	NORDAHL, Jon Audun	Kjelsås	35.33,0	03.53,0
60	678	THORSTENSEN, Morten	Høybråten og Stovner	35.34,0	03.54,0
61	635	SIMONSEN, Sverre	Oppsal	35.36,0	03.56,0
61	645	WETHE, Espen	Koll	35.36,0	03.56,0
63	652	STOUM, Ronny	IL Fjellørnen	35.38,0	03.58,0
64	606	BREKKE, Svein Age	Veldre IL	35.39,0	03.59,0
65	638	HAMMARI, Rune	Alta IF	35.40,0	04.00,0
66	598	NORDBØ, Vidar	Otra IL	35.41,0	04.01,0
66	613	STAKKELAND, Pål Martin	Fjotland IL	35.41,0	04.01,0
68	662	VASSENEN Niri	Bakke IF	35.43,0	04.03,0
69	636	BACHKE, Ole Marius	Heming	35.44,0	04.04,0
70	614	MOE, ESKIL	IF Birkebeineren	35.45,0	04.05,0
70	617	CLIFFORD, Ryder	Heming	35.45,0	04.05,0
72	674	SIMENSEN, Ivar	IL Frea	35.50,0	04.10,0
72	676	SNERHAMMER, Odd	Knaben IL	35.50,0	04.10,0
74	616	KLUNGERØ, Morten	Seisbakk IF	35.51,0	04.11,0
75	609	HOLT, Espen H.	Høland IL	35.54,0	04.14,0
76	592	MYRVOLD, Tommas	Hernes	35.56,0	04.16,0
77	641	NAKSTAD, Endre	IL Jutul	35.58,0	04.18,0
78	663	SETHERASEN, Uno	Magnor UL	36.06,0	04.26,0
78	665	SOLVANG, Jostein	Heddal	36.06,0	04.26,0
81	697	SKATTEBO, Audun	Ø. Slidre IL	36.14,0	04.34,0
82	622	GUVAG, Per A.	Hosle IL	36.20,0	04.40,0
83	593	HUGAS MOLDEN, Thomas	Seisbakk IF	36.23,0	04.43,0
83	671	BAKKE, Jørn H.	Øyer IL	36.23,0	04.43,0
85	667	ØSTENSEN, Rolf E.	IF Birkebeineren	36.28,0	04.48,0
86	612	BERSETH, Sven M.	NORD-TRØNDELAGE Skikr	36.35,0	04.55,0
87	695	SHEVOLL, Frode	Sykkylven IL	36.42,0	05.02,0
88	597	MOLBERG, Kjetil	Vikersund IF	36.45,0	05.05,0
88	706	KNABENES, Glenn Ivar	Knaben IL	36.45,0	05.05,0
90	600	PEDERSEN, Ola G.	Strømmen & Lillestrøm	36.46,0	05.06,0
91	672	TOTLAND, Tore	Fana	36.49,0	05.09,0
92	682	HANSEN, Frode	Bardufoss & omegn IF	36.52,0	05.12,0
93	602	WOLLEBEK, Ørjan	Hørlund IL	36.53,0	05.13,0
94	653	BAKKESTUEN, Roger	Gausdal IL	36.57,0	05.17,0
95	627	GJELSVIK, Einar	Flatås IL	36.58,0	05.18,0
96	643	HAUGOM, Sten A.	Gulset	36.59,0	05.19,0
97	661	SUHR, Vegar	Alta IF	37.01,0	05.21,0
98	621	HELLSTRØM, Torgeir	Koll	37.05,0	05.25,0
99	603	BJØRKENG, Stein O.	Leirådal	37.11,0	05.31,0
100	623	HYNNE, Terje	Runar	37.13,0	05.33,0
101	628	RAKE, Geir	Gulset	37.24,0	05.44,0
102	690	KRISTIANSEN, Jørn	S. Al IL	37.37,0	05.57,0
103	639	KLOKSET, Viggo	Tomrefjord IL	37.39,0	05.59,0
104	625	SLETTEN, Geir Ole	Moide og Omegn IF	37.46,0	06.06,0
105	680	KLUND, Even	Ørje IL	37.52,0	06.12,0
106	611	HØIAS, Rune	IF Birkebeineren	38.03,0	06.23,0
107	608	STENSETH, Eivind	IL Jarard	38.07,0	06.27,0
108	601	FORMOE, Espen	Konnerud IL	39.18,0	07.38,0
BRUTT	656	DAHLE, Frode	Mittet IL		
BRUTT	704	HAMMER, Tore	Buvik IL		



RESULTATER

JR. NM '89

DOMBÅS

25.02.1989

KOMPLETT LISTE

KR.20,-



Lorenskog Skiklubb



Rælingen Skiklubb

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Løkken Menn 18/19 år Junior-NM 1989 Lørdag 25. februar 1989 TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T	I	D	ETTE
1	125 STRØMSKAG, Geir O.	Frosta	56.10	0	00.00	<
2	131 SKJELDAL, Gudmund	Bulken IL	56.34	0	00.24	<
3	127 ARNTSEN, Terje	Ballengen IL	56.54	0	00.44	<
4	129 BERGERSEN, Kjetil	Rølingen SK	57.04	0	00.54	<
5	135 BØHLE, Arne	Geilo IL	57.14	0	01.04	<
6	088 THORSRUD, Jarle	Geilo IL	57.54	0	01.44	<
7	134 ERIKSEN, Einar Anders	Klæbu IL	57.55	0	01.45	<
8	090 STRAND, Arthur	Bratsberg IL	57.56	0	01.46	<
9	137 GUIN, Morten	Varden	58.22	0	02.12	<
10	119 OTTERLEI, Robert	Byåsen IL	58.28	0	02.18	<
11	147 KNUDSEN, Eddy R.	Stokke	58.30	0	02.20	<
12	118 LARSEN, Frode	Mjøndalen IF	58.38	0	02.28	<
14	144 SUGAREN, Jon Sverre	IL Nor	58.38	0	02.28	<
14	142 BENBERG, Hasse	Heindal IF	58.39	0	02.29	<
15	143 SØRGÅRD, Krister	Sandnes IL	58.41	0	02.31	<
16	015 KRISTIANSEN, Bjørn	Grorud	58.44	0	02.34	<
17	138 EIDE, Arnt O.	Snåsa	58.51	0	02.41	<
18	139 MILLERJORD, Roy Roger	Selfors UL	59.10	0	03.00	<
19	124 KORSVOLD, Torstein	Faaberg IL	59.11	0	03.01	<
20	132 HAUSLAND, Heiki	IL Snøhetta	59.15	0	03.05	<
21	126 MELLEMESETER, Asmund	IL Snøhetta	59.20	0	03.10	<
22	136 SKARI, Geir	Lensbygda Spk1	59.22	0	03.12	<
23	076 RØNBECK, Øystein	Rafsbotne IL	59.38	0	03.28	<
23	097 OLSEN, Tore	Rotsundeiv IL	59.39	0	03.29	<
25	114 REE, Martin	Støren Sp.kl.	59.47	0	03.37	<
26	098 OLSEN, Kjetil	Grorud	59.51	0	03.41	<
27	036 KARLSEN, Tom Arne	Jevnaker IF	1:00.03	0	03.53	<
28	020 HILLESTAD, Per Fridolf	Hafslø	1:00.09	0	03.59	<
29	062 MOEN, Nils Inge	Vikersund IF	1:00.09	0	03.59	<
29	074 JOHNSEN, Lars Kr.	Eidsvold Værk SK	1:00.16	0	04.06	<
31	146 MOHEIM, Håvard	Øyer IL	1:00.17	0	04.07	<
32	148 NILSEN, Frode	Fauske IL	1:00.20	0	04.10	<
33	102 NYENG, Frode	Heindal IF	1:00.21	0	04.11	<
34	010 VEIGLUM, Morten	Grorud	1:00.33	0	04.23	<
35	104 HERHEIM, Frank	IL Eldar	1:00.34	0	04.24	<
36	141 JOHANSEN, Frank Tore	Talvik IL	1:00.36	0	04.26	<
37	034 BRATTABØ, Sjur	Jondal	1:00.37	0	04.27	<
38	145 FALCK, Harald	Follo SK	1:00.40	0	04.30	<
39	071 MOSTRAUM, Johnny	Osterøy	1:00.54	0	04.44	<
40	122 LARSEN, Arnt H.	Tromsdalen UIL	1:01.01	0	04.51	<
41	078 SULLUTVEDT, Ole Håkon	Andebu IL	1:01.03	0	04.53	<
42	006 HASKJOLD, Arve	Strindheim IL	1:01.06	0	04.56	<
43	005 HANSEN, Geir Inge	NSG/Fenstad SK	1:01.12	0	05.02	<
44	065 FLAGSTAD, Trond	Ottestad	1:01.25	0	05.15	<
45	018 SAGMYR, Tommy	Hommelvik	1:01.25	0	05.15	<
45	044 MARTINSEN, Pål	Nordvågen IL	1:01.33	0	05.23	<
47	058 BREKKE, Stein Vidar	Veidre IL	1:01.38	0	05.28	<
48	068 JOHNSEN, Frank	IF Kilkameratene	1:01.40	0	05.30	<
49	045 SUNDAL, Runar	Hokksund IL	1:01.44	0	05.34	<
50	085 BØE, Simen	Kjelsås	1:01.50	0	05.40	<
51	038 BRURØK, Ståle	Bærum Værk IF	1:01.50	0	05.40	<
51	061 AMUNDSEN, Stig	Fri	1:01.55	0	05.45	<
53	054 HOLT, Sverre	IL LIV/Fossekalen	1:01.57	0	05.47	<
54	080 MOEN, Morten	Tyllidal IL	1:01.58	0	05.48	<
55	011 JOHANNESSEN, Håvard	Kvaløysletta IL	1:01.58	0	05.48	<

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Løkken Menn 18/19 år Junior-NM 1989 Lørdag 25. februar 1989 TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T	I	D	ETTE
55	079 FLATEN, Gunnar	Tolga IL	1:01.58	0	05.48	<
57	094 LØFSHUS, Vidar	IL Nor	1:02.04	0	05.54	<
57	130 MIKKELSEN, Bjørn Roald	IL Frea	1:02.04	0	05.54	<
59	060 MIKKELSEN, Tommy	Dyrøy Skilag	1:02.06	0	05.56	<
60	027 LØVOLL, Jon Kåre	Eidsdal IL	1:02.07	0	05.57	<
61	092 HANEVOLD, Harald	Asker Skiklubb	1:02.09	0	05.59	<
62	069 SANGNES, Geir Atle	Eina IL	1:02.15	0	06.05	<
63	031 BEKKEN, Torbjørn	Lyn	1:02.17	0	06.07	<
64	063 KROGH, Tore	Byåsen IL	1:02.18	0	06.08	<
65	051 SUGAREN, Even	IL Nor	1:02.21	0	06.11	<
66	021 JOHNSEN, Per Inge	Eidsvold Værk SK	1:02.23	0	06.13	<
66	032 RYE, Birger	Fagernes IL	1:02.23	0	06.13	<
66	046 MELBYE, Jon Einar	NSG/Vollen	1:02.23	0	06.13	<
69	056 FUGLEM, Nils Even	Selbu IL	1:02.33	0	06.23	<
70	019 TVEITAN, Rune	Gjerpen	1:02.38	0	06.28	<
71	095 DRAGER, Henning	NSG/Reinsvoll IF	1:02.39	0	06.29	<
72	115 KRISTIANSEN, Thor E.	NSG/Haugbygd IF	1:02.40	0	06.30	<
73	055 LURAS, Helge	Konnerud IL	1:02.51	0	06.41	<
74	040 JENSEN, Håvard	Strindheim IL	1:02.56	0	06.46	<
75	049 SKARBEKK, Jan Erik	Svene IL	1:02.57	0	06.47	<
76	007 HEINDAL, Toralf	Barbu IL	1:02.58	0	06.48	<
76	030 FOSSE, Håvard	Oppsal	1:02.58	0	06.48	<
78	059 FEDERSEN, Arntinn	Vang SL	1:02.59	0	06.49	<
79	016 ØFSTEDAL, Roar	Hernes	1:03.01	0	06.51	<
79	023 STENVOLD, Magne	IL Pioner	1:03.05	0	06.55	<
81	110 HOLTH, Trond	NSG/Magnor UL	1:03.12	0	07.02	<
82	112 LØKKEN, Tarjei	Dombås IL	1:03.12	0	07.02	<
83	042 EVENSEN, Ørjan	Gran IL	1:03.24	0	07.14	<
84	003 BUHAUG, Svein Inge	Jotun	1:03.47	0	07.37	<
84	017 THORSEN, Jan Audun	Rygene IL	1:03.47	0	07.37	<
86	107 VAGEN, Frode	Strindheim IL	1:03.54	0	07.44	<
87	083 AAS, Torgeir	Malm	1:04.04	0	07.54	<
87	099 ALMBERG, Jørn	Ulvungen IL	1:04.04	0	07.54	<
89	077 GABRIELSEN, Ivar	Kongsberg IF	1:04.13	0	08.03	<
90	120 LERVIK, Jon Markus	Øksendal IL	1:04.25	0	08.15	<
91	009 LØKEN, Jan Henning	Bækkelaget	1:04.33	0	08.23	<
92	096 MEDHUS, Rangvald	Røldal	1:04.35	0	08.25	<
93	087 STOKKE, Torbjørn	Høybråten og Stovner	1:04.45	0	08.35	<
94	041 SANDE, Ole-Jakob	Gaular	1:04.47	0	08.37	<
95	037 RUSTAND, Helge	Bromma IL	1:04.50	0	08.40	<
96	070 HANSEN, Trond	Skoppum	1:04.54	0	08.44	<
97	081 BARTNES, Jørgen	Beitstad	1:04.55	0	08.45	<
98	025 LAURENZ, Lars	Vollen UIL	1:05.04	0	08.54	<
99	026 KULSETH, Vegar	Utleira IL	1:05.07	0	08.57	<
100	004 ISAKSEN, Ronny	Båtsfjord IF	1:05.15	0	09.05	<
101	123 KAUSERUD, Jostein	Harestua IL	1:05.16	0	09.06	<
102	043 FLØNES, Per Helge	Selbu IL	1:05.17	0	09.07	<
103	108 ØVERÅS, Tore	IL Hei	1:05.23	0	09.13	<
104	008 BORDAL, Jon Anders	Moeiven IL	1:05.25	0	09.15	<
105	101 JACOBSEN, Øystein	Gjerdrum IL	1:05.40	0	09.30	<
106	035 GRANLI, Oddbjørn	Ørje IL	1:05.41	0	09.31	<
106	103 ANDRESEN, Tomas	Grorud	1:05.41	0	09.31	<
108	113 HUSTAD, Ole Morten	Spkl. Rival	1:05.48	0	09.38	<
109	052 DASTØL, Kennet	Skoppum	1:06.12	0	10.02	<
110	086 VIKEN, Morten	Øyer IL	1:06.17	0	10.07	<

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Løkken

Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 18/19 år

Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	250 UGLEM, Kari	Strindheim IL	51.05,0	00.00,0
2	244 NYNDEN, Maj Helen	Trysilgutten	51.10,0	00.05,0
3	249 VISNES, Siv Kristin	Gol IL	52.36,0	01.31,0
4	252 TANDE, Inger Mai	Strindheim IL	52.54,0	01.49,0
5	246 BJØRGEN, Kathrine	Aasgutten	53.03,0	01.58,0
6	255 HANSEN, Kari Mette	Strindheim IL	53.07,0	02.02,0
7	239 ROKKE, Kathrine	Stjørdals-Blink	53.36,0	02.31,0
8	238 SKJOLDEN, Anette	IL LIV/Fossekalien	53.46,0	02.41,0
9	195 HATLEBERG, Gro	Kongsberg IF	54.09,0	03.04,0
10	248 TØMMERVOLD, Monica	Strindheim IL	54.37,0	03.32,0
11	243 SELNES, Heidi	Lensvik IL	54.40,0	03.35,0
12	204 RASMUSSEN, Line	NSG/Njøndalen IF	54.44,0	03.39,0
13	234 KVAMME, Anita	Strindheim IL	54.48,0	03.43,0
14	199 HUSE, Katrine	Ullensaker SK	54.59,0	03.54,0
14	245 HANSEN, Gøril	Senja Skilag	54.59,0	03.54,0
16	254 SANDSTAD, Hanne	Selbu IL	55.06,0	04.01,0
17	253 HOEL, Kirsti Elisabeth	NSG/Fossum IF	55.16,0	04.11,0
18	253 ENGEN, May-Britt	Spydeberg IL	55.17,0	04.12,0
19	168 KLUCK, Vibeke	Tambarskj.	55.21,0	04.16,0
20	251 RUUD, Astrid	Vind IL	55.51,0	04.46,0
21	229 BJØRVIG, Kristin	Bærum Skiklubb	55.55,0	04.50,0
21	256 SKJELLAND, Inger	Andebu IL	55.55,0	04.50,0
23	190 SKAVHAUG, Ase Mette	Bratsberg IL	56.04,0	04.59,0
24	242 ANDERSEN, Heidi	Aslia	56.06,0	05.01,0
25	185 SETERSDAL, Ida	Viking	56.08,0	05.03,0
26	193 RYKHUS, Sonja	Dovre IL	56.12,0	05.07,0
27	230 BUVIK, Marianne	Fet SK	56.13,0	05.08,0
28	235 FJØSNE, Maghild	BUL	56.16,0	05.11,0
29	209 STIEN, Nancy	Aga IL	56.31,0	05.26,0
30	247 LAUKLI, Ase Helene	Konnerud IL	56.39,0	05.34,0
31	170 GUNDERSEN, Nancy	S. Al IL	56.40,0	05.35,0
31	191 EITHUN, Marit B.	IL Nor	56.44,0	05.39,0
33	179 TANEM, Sissel I.	Spardu	56.44,0	05.39,0
34	225 HAUKLAND, Ingrid Utne	Innstrandens IL	56.51,0	05.46,0
35	178 BREEN, Liv Randi	Bratsberg IL	57.08,0	06.03,0
36	167 HELASAUNET, Arnhild	IL Nordlyset	57.32,0	06.27,0
37	206 EMANUELSEN, Lone	Høybråten og Stovner	57.41,0	06.36,0
38	215 HANSEN, Monica	IF Bødalen	57.42,0	06.37,0
39	184 SJØL, Hanne	Grurd	57.50,0	06.45,0
40	226 WIGERNES, Ine	Nordreisa IL	57.51,0	06.46,0
41	177 STEINKJER, Harrieth	Høybråten og Stovner	57.52,0	06.47,0
42	207 SPARRE, Trude	Spillum	57.54,0	06.49,0
42	221 SUND, Janne	Byåsen IL	57.54,0	06.49,0
44	152 SETHER, Berit	Spkl. Rival	58.01,0	06.56,0
45	189 KARLSEN, Siv Elise	Fossum IF	58.03,0	06.58,0
46	197 THAGAARD, Kristin Sem	Fet SK	58.13,0	07.08,0
47	183 HELLE, Nina	Oseberg	58.15,0	07.10,0
48	232 ARNESON, Aste	Selbu IL	58.29,0	07.24,0
49	176 AUNE, Gunn Heidi	Gjerstad IL	58.41,0	07.36,0
50	169 SØREØ, Aud	Hemsedal IL	58.48,0	07.43,0
51	163 FLATLAND, Sissel	Bækkelaget	58.50,0	07.45,0
52	156 STIGEN, Marianne	Bratsberg IL	58.58,0	07.53,0
53	218 FOSSEN, Linda	Eidsvold Værk SK	59.02,0	07.57,0
54	210 HABBERSTAD, Kjersti	Vang SL	59.04,0	07.59,0
55	175 SABMOEN, Brita		59.05,0	08.00,0

X-SPORT RESULTATSYSTEM 890225 14:58:55

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennleder : Nydal/Løkken

Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 18/19 år

Refseth

PLASS NR.	NAVN	LAG	T I D	ETTE
56	166 HANSEN, Lene	Senja Skilag	59.13,0	08.08,0
57	182 FLATEN, Anne-Kirsti	Kvås IL	59.23,0	08.18,0
58	151 SØRLI, Ellinor	Lånke	59.36,0	08.31,0
59	211 HAAKSTAD, Lis Karin	Melbo IL	59.40,0	08.35,0
60	186 MARTINSEN, Kirsti	Kolvereid	59.49,0	08.44,0
61	162 SMEDBAKKEN, Tone	Eidsvold Værk SK	59.57,0	08.52,0
62	161 BRÆKKE, Tove	Veldre IL	1:00.00,0	08.55,0
63	164 LILLEBAKKEN, Monica	Nordbygda IL	1:00.18,0	09.13,0
64	201 DOLMSET, Mai Anita	IL Leik	1:00.24,0	09.19,0
65	213 MYHRE, Siv Kristin	S. Al IL	1:00.47,0	09.42,0
66	165 FOSSBERG, Berit	Taustad IL	1:00.59,0	09.54,0
67	202 SKIRSTAD, Katharina	Hastum IL	1:01.09,0	10.04,0
68	224 WIERØD, Lene	Gjerpen	1:01.34,0	10.29,0
69	208 LINDSTAD, Margrethe	Vang SL	1:01.53,0	10.48,0
69	222 SKEIDE, Anette	Follo SK	1:01.53,0	10.48,0
71	154 OLSEN, Mona	Rotsundeliv IL	1:02.01,0	10.56,0
72	160 GULLINGSRUD, Kristin	Nesbyen IL	1:02.45,0	11.40,0
73	159 KLYKKEN, Ase	Overhalla	1:03.09,0	12.04,0
74	173 BLEKKAN, Tove	Steinkjer Skiklubb	1:03.14,0	12.09,0
75	181 FUGLI, Mona	Fet SK	1:03.21,0	12.16,0
76	220 STENSLIE, Klara Holen	Veldre IL	1:03.34,0	12.29,0
77	219 EIDE, Inger Helen	Vågå IL	1:04.03,0	12.58,0
78	198 LILLEFJELL, Monica	Stod	1:04.30,0	13.25,0
79	214 LUNDEMO, Inger J.	Varden	1:04.42,0	13.37,0
80	158 LARSEN, Mona	Gulset	1:07.11,0	16.06,0
BRUTT 155	LØNSTAD, Britt Unni	N. Snertingdal IL		
BRUTT 157	KONGSUND, Lina	Naroset		
BRUTT 187	BJØRNAA, Karen	Byåsen IL		
BRUTT 192	SVALENG, Tina	Mosjøen IL		
BRUTT 194	FJELLSTAD, Kathrine	Stovnerkameratene		
BRUTT 200	SUND, Jorun	Spillum		
BRUTT 203	LUND, Trine	Bærum Værk IF		
BRUTT 205	KAASA, Karin	Skarphedin		
BRUTT 216	RINDALSHOLT, Merete	Strindheim IL		
BRUTT 237	JOHNSEN, Lisbeth	Tromsø Skiklubb		

X-SPORT RESULTATSYSTEM 890225 14:58:55



Dombås Samvirkelag

2660 DOMBÅS

R E S U L T A T E R

Lørenskog Skiklubb/
Rælingen Skiklubb
Rennleder : Nydal/Lækken

Junior-NM 1989 Lørdag 25. februar 1989
Menn 17 år

PLASS NR.	NAVN	LAG	T	I	D	ETTER
1	515 VETHE, Lars	NSG/Heggedal IL	45.27,0	00.00,0		
2	458 HAUGEN, Tor Arne	Kolbu IL	45.31,0	00.04,0		
3	443 EIDE, Anders	Snåsa	45.39,0	00.12,0		
4	513 SANDAL, Svein Tore	Støren Sp.kl.	45.42,0	00.15,0		
5	422 HAGEN, Ragnar	Al IL	46.03,0	00.36,0		
6	484 HENNUM, Steinar	Lier IL	46.06,0	00.39,0		
7	424 KNUDSEN, Per Kristian	NSG/Fenstad SK	46.36,0	01.09,0		
8	494 LUNDAMO, Rolf	Bardufoss & omegn IF	47.11,0	01.44,0		
9	492 BERGERSEN, Jon Olaf	Kjellsås	47.31,0	02.04,0		
10	528 SUND, Lyder	Spillum	47.32,0	02.05,0		
11	442 SLETTEMOEN, Asle	Geilo IL	47.39,0	02.12,0		
12	437 MYKLAND, Per Anton	Hokksund IL	47.46,0	02.19,0		
13	523 WERGELAND, Harald	Ramnes	47.48,0	02.21,0		
14	471 HJELMESET, Oddbjørn	Fj.h./Ver	47.49,0	02.22,0		
15	468 LAUVRAK, Erik	Imås IL	47.50,0	02.23,0		
15	493 TOUMD, Terje	Budal IL	47.50,0	02.23,0		
17	462 RICHTAD, Tor Arne	Beitstad	47.57,0	02.30,0		
18	453 BLANDHOEL, John T.	Bærum Værk IF	48.15,0	02.48,0		
19	452 KJENAAS, Stig	Svene IL	48.19,0	02.52,0		
20	490 RYGG, Pål	Selsbakk IF	48.21,0	02.54,0		
22	489 BØE, Anders	Strindheim IL	48.21,0	02.54,0		
23	451 LIEN, Rune	IL Snøhetta	48.22,0	02.55,0		
24	503 GRØNLI, Odd Anders	Hernes	48.31,0	03.04,0		
25	450 SKAANES, Torbjørn	IF Birkebeineren	48.33,0	03.08,0		
26	440 HANSEN, Trym	Utleira IL	48.38,0	03.11,0		
27	482 THON, Jens Petter	Høybråten og Stovner	48.43,0	03.16,0		
28	522 REITEN, Johannes	Askim IF	48.51,0	03.24,0		
29	495 ØSTERAS, Håvard	Betna IL	48.52,0	03.25,0		
30	481 RISTE, Svein	Skatval Skilag	48.53,0	03.26,0		
31	464 GULBRANDSEN, Ole Gunnar	V. Slidre IL	48.56,0	03.29,0		
32	524 ASPESLAEN, Geir	NSG/Svene IL	49.03,0	03.36,0		
33	438 LANGSETH, Bjørn	Tormod Skilag	49.07,0	03.40,0		
34	475 SALTNES, Torgeir	Bjerke	49.13,0	03.46,0		
35	488 WIIG, Rune	As IL	49.15,0	03.48,0		
36	435 ISTAD, Martin	Trøgstad IL	49.20,0	03.53,0		
37	427 EIDISSEN, Trond	Bjørqum	49.27,0	04.00,0		
38	473 DALE, Jo	Medkilla Skilag	49.30,0	04.03,0		
38	508 LUND, Eivind	Gjelleråsen	49.31,0	04.04,0		
40	445 KROKEN, Erlend	Bardu IL	49.44,0	04.17,0		
41	425 HOLEN, Andreas	Gausdal IL	49.51,0	04.24,0		
42	478 FRIDHOLM, Tor	Valdre IL	49.55,0	04.28,0		
43	516 STRØMSNES, Rune	Osterøy	49.59,0	04.32,0		
44	459 OUS, Lars Brede	Fet SK	50.00,0	04.33,0		
44	510 HUSTAD, Stig	Røra	50.00,0	04.33,0		
46	499 VALØEN, Lars Ole	Byafossen	50.03,0	04.36,0		
47	470 SMIDESANG, Jørn	Rinna IL	50.04,0	04.37,0		
47	526 ROSSDAL, Ståle	Terråk IL	50.04,0	04.37,0		
49	457 KVENNAS, Øivind	Byåsen IL	50.09,0	04.42,0		
50	436 FREMSTAD, Asgeir	Ramnes	50.13,0	04.46,0		
51	446 FJELLHAUG, Kristian	Høybråten og Stovner	50.14,0	04.47,0		
52	444 VERNES, Arve	Rennebu IL	50.15,0	04.48,0		
52	449 IVERSEN, Trond	Hennig	50.15,0	04.48,0		
54	467 FANTOFT, Erik	Fana	50.19,0	04.52,0		
55	432 SOMMERSTAD, Vegar	Bøverbru IL	50.23,0	04.56,0		

R E S U L T A T E R

Lørenskog Skiklubb/
Rælingen Skiklubb
Rennleder : Nydal/Lækken

Junior-NM 1989 Lørdag 25. februar 1989
Menn 17 år

PLASS NR.	NAVN	LAG	T	I	D	ETTER
56	461 MIKKELSEN, Henning	Runar	50.27,0	05.00,0		
57	527 KNOTTEN, Jon Erik	NSG/Ramnes	50.29,0	05.02,0		
58	521 PAY, Henrik	Holmen	50.33,0	05.06,0		
59	506 HEGGEN, Trygve	Gran IL	50.42,0	05.15,0		
60	532 SANDBERG, Odd Inge	Neverfjord IL	50.47,0	05.20,0		
61	429 GRANHEIM, Rune	Strindheim IL	50.53,0	05.26,0		
61	454 BRUSTAD, Stig	Skarnes	50.53,0	05.26,0		
63	441 UNDEHEIM, Dag Inge	Rælingen SK	50.56,0	05.29,0		
64	426 PEDERSEN, Henning	Moss Skiklubb	50.57,0	05.30,0		
65	477 MELBØ, Hans Petter	Vind IL	51.04,0	05.37,0		
66	472 KLØVEN, Anders	IF Liungen	51.05,0	05.38,0		
67	448 ASEN, Bjørn	Alvdal	51.23,0	05.56,0		
68	507 SCHEFTE, Geir	Assiden IF	51.25,0	05.58,0		
68	518 EVENSEN, Arne	Nærøset	51.25,0	05.58,0		
70	496 SIMONSEN, Erik	Høybråten og Stovner	51.26,0	05.59,0		
71	498 SVENDSEN, Arne Markus	Lavangen IL	51.36,0	06.09,0		
72	465 GJERDINGEN, Halvor	Gran IL	51.38,0	06.11,0		
73	519 KJOS, Audun	Ullensaker SK	51.39,0	06.12,0		
74	474 SEIM, Jan Erik	Voss	51.47,0	06.20,0		
75	504 BREDESEN, Trond Ove	Tynset	51.51,0	06.24,0		
76	439 MELBØ, Ole Morten	Vind IL	52.07,0	06.40,0		
77	517 PEDERSEN, Bjørn	Skjervøy IK	52.19,0	06.52,0		
78	486 MOLAND, Per Øyvind	Andebu IL	52.24,0	06.57,0		
79	497 BJØRNSTAD, Per Erik	Fauske IL	52.27,0	07.00,0		
80	514 BRØT, Age	Bromma IL	52.27,0	07.02,0		
81	430 ØSTEBY, Trond	Lensbygda Spk1	52.33,0	07.06,0		
81	460 SNILDAL, Tore	Hønefoss Skiskytter1	52.33,0	07.06,0		
83	421 MEDHUS, Odd Ivar	Røldal	52.56,0	07.29,0		
83	520 ANDERSEN, Leif Magne	IL Søya	52.56,0	07.29,0		
85	505 LUNDEKVAM, Håvar	Gaular	53.01,0	07.34,0		
86	456 GAUTEFALL, Tor Kr.	Kragerø	53.08,0	07.41,0		
87	479 KVEEN, Frode	Selvik	53.13,0	07.45,0		
87	501 LILLE, Steinar	Alta IF	53.13,0	07.46,0		
89	525 RØYNESTAD, Kjell	Knaben IL	53.20,0	07.53,0		
90	480 FORFOED, Henry	Malm	53.25,0	07.58,0		
91	487 SKOVLY, Niklas	Moss Skiklubb	53.27,0	08.00,0		
92	447 ØPBERGET, Ole Jacob	Jønna/Heradsbygg	53.43,0	08.16,0		
93	433 RAME, Knut Erik	Klypetussen	53.47,0	08.20,0		
94	469 VALØEN, Torgeir	Kvam	54.06,0	08.39,0		
95	434 TORSETH, Terje	Koll	54.42,0	09.15,0		
95	509 RIDENG, Steinar	Nydalen	54.42,0	09.15,0		
97	500 KRISTIANSEN, Runar	Ullensaker SK	56.32,0	11.05,0		
98	463 ERØY, Lars Erik	Spydeberg IL	57.35,0	12.08,0		
99	463 HOLST, Anders	Stathelle	57.51,0	12.24,0		
100	502 JØDAHL, Ole Kr.	Gjerdrum IL	1:00.06,0	14.39,0		
BRUTT	511 SOMMERVOLD, Stig	Kløbu IL				
BRUTT	512 JOHANSEN, Kristian	Narvik Skiklubb				

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Lørenskog Skiklubb



Rælingen Skiklubb

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder : Nydal/Løkken Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
1	748 TJELLE, Kristin	Børsla IL	36.21,0	00.00,0
2	683 BRØRS, Anne Sofie	Beitstad	36.31,0	00.10,0
3	680 MARTINSEN, Bente	Nittedal	37.21,0	01.00,0
4	676 STØVEREN, Helga Therese	Nedre Sigdal IF	37.25,0	01.04,0
5	705 LANDSEN, Gunvor	IK Rindals Troll	37.29,0	01.08,0
6	704 PEDERSEN, Hilde Juul	IL LIV/Fossekallen	37.38,0	01.17,0
7	703 SÆTHER, Grethe	IK Rindals Troll	38.20,0	01.59,0
8	708 ØFGARD, Karianne	Tverrelvdalen IL	38.34,0	02.13,0
9	712 HOVELSEN, Gøril	IL Jærdar	38.51,0	02.30,0
10	699 SANDAUNE, Britt	Skatval Skilag	38.55,0	02.34,0
11	679 AMLIE, Ragnhild	Rvå	38.59,0	02.38,0
12	722 LANDRØ, Ellen	Lensvik IL	39.01,0	02.40,0
13	734 ARVNES, Gry	Bærum Værk IF	39.02,0	02.41,0
14	745 SELNES, Line	Lensvik IL	39.13,0	02.52,0
15	682 SYSE, Astri	Kirkenes IF	39.26,0	03.05,0
16	677 KJELBERG, Tone	Rvå IL	39.28,0	03.07,0
17	752 KLEVSTAD, Tine	Skjervøy IK	39.32,0	03.11,0
18	678 HARSTAD, Guro	Birkenes IL	39.37,0	03.16,0
19	776 LEANGEN, Karina	Drøbak/Frogn	39.39,0	03.18,0
20	742 GULLIKSEN, Ashild	Bamble IL	39.44,0	03.23,0
21	740 TEIG, Christine	Driv	39.45,0	03.24,0
22	709 JOHNSEN, Anette	Frisk	39.49,0	03.28,0
23	672 HALDORSEN, Elisabeth	Korlevold	39.51,0	03.30,0
24	727 TÆRUD, Rigmor	NSG/Ullensaker SK	39.56,0	03.35,0
25	715 ERSLAND, Anita	Ternen	40.08,0	03.47,0
26	738 LUND, Inger	Sørum IL	40.08,0	03.47,0
27	702 SOLBERG, Kari-Anne	IL Beveren	40.15,0	03.54,0
28	674 GRUT, Jorid	IL Nor	40.16,0	03.55,0
29	764 FOLLSTAD, Marit	Stor Elvdal SK	40.16,0	03.55,0
30	723 GALAEN, Berit Marie	Tynset	40.24,0	04.03,0
31	759 AAS, Ann Kristin	Strindheim IL	40.31,0	04.10,0
32	690 BUKTIEN, Trine	Mosjøen IL	40.32,0	04.11,0
33	726 SANDVOLL, Merete	S. Al IL	40.32,0	04.11,0
34	754 AUSTMO, Katrine	Sparbu	40.37,0	04.16,0
35	766 SKARSETH, Nina	Kilebygda IL	40.38,0	04.17,0
36	687 NYLAND, Ranveig	Raufoss IL	40.40,0	04.19,0
37	762 RØSTE, Inger	Nes SPKL	40.47,0	04.26,0
38	767 NILSEN, Mona	Kjøpsnes IL	40.47,0	04.26,0
39	765 BREIVIK, Siv H.	Eidsvold Værk SK	40.47,0	04.26,0
40	778 AARFLOT, Bente	Ullensaker SK	40.55,0	04.34,0
41	724 BØGSET, Kristin	Buvik IL	40.59,0	04.38,0
42	691 ROSTADMO, Vanja	Sør-Tranøy IL	41.00,0	04.39,0
43	671 LARSEN, Tone	Botne Skilag	41.04,0	04.43,0
44	733 HOLMLI, Lillian	Vinne Skilag	41.08,0	04.47,0
45	755 GJERDRUM, Therese	Kjeisås	41.08,0	04.47,0
46	701 HOLEN, Wenche Irene	Stor-Elvdal SK	41.12,0	04.51,0
47	716 MO, Randi	Overhalla	41.18,0	04.57,0
48	732 BENTDAL, Yngval	NSG/Bærum Skiklubb	41.24,0	05.03,0
49	739 HAUGERUD, Trine E	Konnerud IL	41.25,0	05.04,0
50	721 RYE, Rida	Byneset IL	41.26,0	05.05,0
51	719 SVENDSEN, Brit Monica	Vind IL	41.29,0	05.08,0
52	774 LILLEBY, Hanne	IL Frea	41.29,0	05.08,0
53	685 TAJET, Guri	Brumundal	41.33,0	05.12,0
54	747 HALLAND, Hilde	Innstrandens IL	41.35,0	05.14,0
55	673 NORBOM, Hilde K	Konnerud IL	41.37,0	05.16,0

X-SPORT RESULTATSYSTEM 890225 17:27.56

RETTINGER OG TILLEGG
som ikke er med i de andre listene.

R E S U L T A T E R

Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

BRUTT 002 KJØGESTAD, Martin	NSG/Vikersund
BRUTT 075 SVERLAND, Jan Håvard	Spkl. Rival
BRUTT 091 RONSEN, Øyvind	Grorud
BRUTT 103 THARALDSEN, Geir Age	Eidsdal IL
BRUTT 106 GRINDAHL, Tullis	Egge
BRUTT 121 NORDØY, Erling	Frederikstad SK
BRUTT 128 LANSEH, Even	Ura IL
BRUTT 133 KRISTIANSEN, Kjetil	Vollen UIL

R E S U L T A T E R

Lørenskog Skiklubb/
Rølingen Skiklubb
Rennerleder : Nydal/Løkken Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

PLASS NR.	NAVN	LAG	T I D	ETTER
56	686 ØIUM, Sissel R.	Eidsvold Værk SK	41.40,0	05.19,0
57	700 ECKMANN, Stine	Nesle Løren	41.40,0	05.19,0
58	713 MAJORMOEN, Erna	Nesbyen IL	41.46,0	05.25,0
59	769 RYDNINGEN, Siri	Øverbygd IL	41.46,0	05.25,0
60	749 HOVLAND, May L.	Eidsvold Værk SK	41.54,0	05.33,0
61	758 TALLHAUG, Gry	IL LIV/Fossekallen	42.09,0	05.48,0
62	693 JULNOC, Ellen	Helgadal	42.15,0	05.54,0
63	717 KASPERSEN, Wenche	IL Stålkameratene	42.22,0	06.01,0
64	725 JENTOFT, Marianne	Innstrandens IL	42.49,0	06.28,0
65	681 RØSTE, Kjersti	Nes SPKL	42.50,0	06.29,0
66	756 VOLD, Margit	Flatås IL	42.51,0	06.30,0
67	753 RINHEIM, Marit	Øyer IL	42.53,0	06.32,0
68	760 VASVEEN, Torunn	Ø. Toten Skilag	43.02,0	06.41,0
69	697 HAUG, Anne Cathrine	Bækkelaget	43.08,0	06.47,0
70	714 ILEBEKK, Anne Gro	Øvrebø IL	43.12,0	06.51,0
71	731 HAUGNES, Lillian	Trysilguttien	43.13,0	06.52,0
72	735 EIDE, Astrid	Eidsdal IL	43.16,0	06.55,0
73	746 STRAND, Silja H.	Stor Elvdal SK	43.16,0	06.55,0
74	675 SLEINER, Hanne	Dovre IL	43.40,0	07.19,0
75	729 KALSETH, Merete	Rotsundelv IL	43.44,0	07.23,0
76	750 BERGENSEN, Lin	Leikang Skilag	43.52,0	07.31,0
77	777 ASERUD, Trine-Lise	Trøyken IL	44.35,0	08.14,0
78	772 ANDERSEN, Thrine Scharp	Koll	44.58,0	08.37,0
79	689 MOE, Eli	Øvrebø IL	45.05,0	08.44,0
79	751 JACOBSEN, Gro Anette	Gulset	45.05,0	08.44,0
81	688 KRISTIANSEN, Ingunn	Vang SL	45.09,0	08.48,0
82	770 AAM, Maj Britt	Ørsta IL	45.56,0	09.35,0
83	743 MELÅS, Karianne	Kjosens IL	46.22,0	10.01,0
84	768 WILHELMSEN, Cathrine	Moss Skiklubb	46.25,0	10.04,0
85	718 JACOBSEN, Laila	Koll	46.41,0	10.20,0
BRUTT 692 JOHNSEN, Trine	Støren Sp.kl.			
BRUTT 694 NYGÅRD, Nina	NSG/Runar			
BRUTT 698 MØJEN, Cecilie	IF Graabein			
BRUTT 706 HOEM, Monica	Utleira IL			
BRUTT 707 EITREIM, Tone	Odda			
BRUTT 728 BERG, Marianne	Rinna IL			
BRUTT 736 ØLNHEIM, Catherine	Øystese			
BRUTT 737 STENSAS, Linda	Flatås IL			
BRUTT 741 BJERKNES, Anita	IF Birkebeineren			
BRUTT 744 FRANTZEN, Elisabeth	Hasle Løren			
BRUTT 763 NYBORG, Tove	Spillum			
BRUTT 771 BAKKEN, Beate	Røyrvik			
BRUTT 779 SOLBERG, Line	Oseberg			

X-SPORT RESULTATSYSTEM 890225 17:27.56

RETTINGER OG TILLEGG
som ikke er med i de andre listene.

R E S U L T A T E R

Junior-NM 1989 Lørdag 25. februar 1989
Kvinner 16 år TD : Thorbjørn Refseth

BRUTT 002 KJØGESTAD, Martin	NSG/Vikersund
BRUTT 075 SVERLAND, Jan Håvard	Spkl. Rival
BRUTT 091 RONSEN, Øyvind	Grorud
BRUTT 103 THARALDSEN, Geir Age	Eidsdal IL
BRUTT 106 GRINDAHL, Tullis	Egge
BRUTT 121 NORDØY, Erling	Frederikstad SK
BRUTT 128 LANSEH, Even	Ura IL
BRUTT 133 KRISTIANSEN, Kjetil	Vollen UIL