

## HEIMDAL I.L.

Resultatliste for: klasse: Gutter 16 år

side: 1

P1:	Snr:	Navn	Klubb	Krets	Tid	Tid etter	
	1	425	Tor Arne Haugen	Kolbu	Oppland	31.39,0	0,0
	2	447	Oddbjørn Hjelmseth	Fjellh./Ver	Sogn og Fjordane	31.56,0	17,0
	3	400	Bjørn Langsett	Bjerke I.L	Romerike	32.15,0	36,0
	4	495	Anders Eide	Snåsa I.L	Nord-Trøndelag	32.19,0	40,0
	5	408	Jon Erik Knotten	Ramnes	Vestfold	32.29,0	50,0
	6	452	Per Kristian Knutsen	Fenstad Skikl.	Romerike	32.37,0	58,0
	7	497	Håvard Østerås	Skatval Skilag	Nord-Trøndelag	32.42,0	1.03,0
	8	493	Jon Olaf Bergersen	Kjelsås	Oslo	32.54,0	1.15,0
	9	405	Lars Vethe	Heggedal	Asker og Bærum	32.55,0	1.16,0
	10	485	Asgeir Fremstad	Ramnes	Vestfold	32.56,0	1.17,0
	11	504	Ole Kristian Jødahl	Gjerdrum I.L	Romerike	32.58,0	1.19,0
	12	391	Svein Tore Sandal	Støren	Sør-Trøndelag	33.00,0	1.21,0
		461	Jon Thomas Blandhoel	Bærums Verk	Asker og Bærum	33.00,0	1.21,0
	14	443	Lyder Sund	Spillum I.L	Nord-Trøndelag	33.05,0	1.26,0
		478	Anders Grønli	Assiden I.F	Buskerud	33.10,0	1.31,0
	16	474	Torgeir Saltnes	As I.L	Follo	33.11,0	1.32,0
	17	464	Johannes Reiten	Betna	Møre og Romsdal	33.20,0	1.41,0
	18	467	Jo Dale	Fet Skikl.	Romerike	33.22,0	1.43,0
	19	496	Rune Wiig	Trøgstad	Østfold	33.24,0	1.45,0
		499	Øyvind Kvennås	Byåsen	Sør-Trøndelag	33.24,0	1.45,0
	21	502	Odd Ivar Medhus	Røldal	Bergen og Hordal	33.32,0	1.53,0
	22	420	Svein Riste	V.Slidre	Oppland	33.35,0	1.56,0
		436	Ragnar Hagen	Ål I.L	Buskerud	33.35,0	1.56,0
	24	394	Henning Mikkelsen	Runar	Vestfold	33.37,0	1.58,0
	25	466	Jens Petter Thon	Askim	Østfold	33.39,0	2.00,0
		472	Trond Eidissen	Medkila Skilag	Troms	33.39,0	2.00,0
	27	401	Steinar Hennem	Lier I.L	Buskerud	33.42,0	2.03,0
	28	416	Geir Aspeslæen	Tormod	Oppland	33.43,0	2.04,0
		446	Øyvind Olsen	Ballangen	Nordland	33.43,0	2.04,0
		484	Stig Arthur Hustad	Røra I.L	Nord-Trøndelag	33.43,0	2.04,0
	31	412	Eirik Øvernes	Tromsø Skiklub	Troms	33.45,0	2.06,0
	32	395	Erik Lauvrak	Inås	Aust-Agder	33.46,0	2.07,0
	33	483	Kristian Johansen	Narvik	Nordland	33.47,0	2.08,0
	34	454	Stig Brustad	Skarnes	Hedmark	33.50,0	2.11,0
	35	409	Vegard Sommerstad	Bøverbru	Oppland	33.51,0	2.12,0
	36	428	Trym Hansen	Høybråten og Stovner	Oslo	33.53,0	2.14,0
	37	396	Kjell Helge Røynestad	Knaben I.L	Vest-Agder	33.54,0	2.15,0
		438	Tore Gløer Johnsen	Nittedal	Oslo	33.54,0	2.15,0
	39	411	Anders Holst	Stathelle	Telemark	33.56,0	2.17,0
		481	Lars Brede Ous	Fet Skikl.	Romerike	33.56,0	2.17,0
	41	397	Erik Simensen	Høybråten og Stovner	Oslo	33.58,0	2.19,0
	42	406	Bjørn Martinsen	Nybygda	Hedmark	34.01,0	2.22,0
	43	458	Thomas Husum	As I.L	Follo	34.02,0	2.23,0
	44	437	Ove Sørli	Høybråten og Stovner	Oslo	34.06,0	2.27,0
	45	494	Olav Høyaas	Klæbu	Sør-Trøndelag	34.08,0	2.29,0
	46	434	Pål Gustav Modell	Følling I.L	Nord-Trøndelag	34.10,0	2.31,0
	47	468	Per A. Mykland	Hokksund I.L	Buskerud	34.12,0	2.33,0
	48	449	Arne Markus Svendsen	Lavangen I.F	Troms	34.13,0	2.34,0
	49	479	Svein Olav Staalen	Nedre Sigdal I.F	Buskerud	34.17,0	2.38,0

Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
50	487	Terje Tovmo	Budal	Sør-Trøndelag	34.22,0	2.43,0
51	433	Kristian Fjellhaug	Høybråten og Stovner	Oslo	34.24,0	2.45,0
52	500	Anders Bøe	Snøhetta	Sør-Trøndelag	34.27,0	2.48,0
53	413	Peter Kjenndalen	Jømna Heradsbygd	Hedmark	34.28,0	2.49,0
	423	Kjetil Røberg	Nittedal	Oslo	34.28,0	2.49,0
55	429	Stig Sommervold	Kløbu	Sør-Trøndelag	34.29,0	2.50,0
	444	Jan Erik Seim	Voss	Bergen og Hordala	34.29,0	2.50,0
57	456	Rune Strømsnes	Osterøy	Bergen og Hordala	34.30,0	2.51,0
58	486	Torgeir Jondum	Strindheim	Sør-Trøndelag	34.31,0	2.52,0
59	475	Geir Schefte	Assiden I.F	Buskerud	34.33,0	2.54,0
60	476	Robert Aasbø	Gjerstad	Aust Agder	34.35,0	2.56,0
61	492	Andre Sønsterud	Konnerud I.L	Buskerud	34.36,0	2.57,0
62	432	Øyvind Kjølstad	Vikersund I.F	Buskerud	34.37,0	2.58,0
63	427	Andreas Holen	Gausdal	Oppland	34.39,0	3.00,0
	503	Torbjørn Skaanes	Utleira	Sør-Trøndelag	34.39,0	3.00,0
65	471	Arild Bjørnås	Katten	Sør-Trøndelag	34.41,0	3.02,0
66	450	Hans Kristian Dolmen	Tverlandet	Nordland	34.42,0	3.03,0
67	435	Trond Flåthyl	Rein	Telemark	34.43,0	3.04,0
	490	Sten Frode Kristoffer	Storforshei	Nordland	34.43,0	3.04,0
69	398	Tor Jakob Gunnes	Melhus	Sør-Trøndelag	34.45,0	3.06,0
	453	Steinar Lille	Alta I.L	Finnmark	34.45,0	3.06,0
71	392	Rune Furuhaug	Skjettne		34.46,0	3.07,0
72	426	Anders Kløven	I.F.Liungen	Buskerud	34.48,0	3.09,0
73	415	Trygve Heggen	Gran	Oppland	34.49,0	3.10,0
74	451	Håvard Lundekvam	Gaular	Sogn og Fjordane	34.50,0	3.11,0
75	470	Bjørn Pedersen	Skjervøy I.K	Troms	34.52,0	3.13,0
76	445	Willy Berg	Leksvik I.L	Nord Trøndelag	34.53,0	3.14,0
	463	Bjørn Asen	Alvdal	Hedmark	34.53,0	3.14,0
78	477	Trond Ove Bredeesen	Tynset	Hedmark	34.54,0	3.15,0
79	418	Erik Eide	Sparbu I.L	Nord Trøndelag	34.55,0	3.16,0
80	407	Halvor Gjerdingen	Gran	Oppland	34.56,0	3.17,0
	440	Øyvind Viken	Øyer	Oppland	34.56,0	3.17,0
	457	Eivind Lund	Gjelleråsen	Oslo	34.56,0	3.17,0
83	421	Per Erik Bjørnstad	Fauske	Nordland	34.57,0	3.18,0
84	501	Tom Roald Olsen	Sandnes I.L	Finnmark	34.58,0	3.19,0
85	402	Tommy Sørlien	Vang	Hedmark	34.59,0	3.20,0
86	389	Ørjan Brygghaus	Senja il.		35.02,0	3.23,0
87	417	Nils Olav Garnås	Bromma I.L	Buskerud	35.06,0	3.27,0
	448	Vegard Spiten	I.L.Skrim	Buskerud	35.06,0	3.27,0
89	465	Roger Hansen	Rognan	Nordland	35.08,0	3.29,0
	473	Bjarne Fossmo	Nor	Sør-Trøndelag	35.08,0	3.29,0
91	459	Rune Lien	Jømna Heradsbygd	Hedmark	35.09,0	3.30,0
92	431	Torbjørn Slåtto	Holeværingen	Buskerud	35.12,0	3.33,0
93	439	Tor Kr. Gautefall	Kragerø	Telemark	35.13,0	3.34,0
94	491	Erik Fantoit	Fana	Bergen og Hordala	35.14,0	3.35,0
95	422	Svein Tore Hamre	Hamar	Hedmark	35.15,0	3.36,0
96	424	Erik Larsen	Flatås	Sør-Trøndelag	35.19,0	3.40,0
97	393	Stig Kjenaas	Svene I.L	Buskerud	35.26,0	3.47,0
98	480	Ørjan Kalliainen	Sandnes I.L	Finnmark	35.27,0	3.48,0
99	404	Audun Jordal	Odda	Bergen og Hordala	35.32,0	3.53,0
100	410	Andre Fredriksen	Nittedal	Oslo	35.51,0	4.12,0
101	419	Lars M.Madsen	Tinn	Telemark	35.54,0	4.15,0
	430	Per Magne Misund	Måndalen	Møre og Romsdal	35.54,0	4.15,0

----- HEGO TIMING SYSTEM -----



Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
103	414	Ole Molden	Gran	Oppland	35.56,0	4.17,0
104	399	Geir Hoffgaard	Halden	Østfold	36.29,0	4.50,0
105	489	Morten Grotløkken	Sel	Oppland	36.42,0	5.03,0
106	460	Asle Slettebøen	Geilo I.L	Buskerud	36.55,0	5.16,0
107	455	Vegard A.Hauge	Sarpsborg	Østfold	37.01,0	5.22,0
108	390	Thomas Frost	Bossekop		37.03,0	5.24,0
109	498	Dag Inge Undheim	Rælingen	Romerike	37.15,0	5.36,0
110	441	Leif Magne Andersen	Søya	Møre og Romsdal	37.44,0	6.05,0
111	469	Frank B. Fardal	Haislo	Sogn og Fjordane	37.46,0	6.07,0
112	462	Kai Sørensen	Lekang	Nordland	38.30,0	6.51,0

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HEIMDAL I.L.

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Resultatliste for: klasse: Gutter 18/19 år

side: 1

Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
1	651	Øyvind Skaanes	Utleira	Sør-Trøndelag	48.23,0	0,0
2	718	Erik Bøhleng	Hamar	Hedmark	49.26,0	1.03,0
3	686	Andreas Vannebo	Overhalla I.L	Nord Trøndelag	49.30,0	1.07,0
4	676	Ståle Kihle	Konnerud I.L	Buskerud	50.42,0	2.19,0
5	767	Sigurd Brørs	Surnadal	Møre og Romsdal	50.46,0	2.23,0
6	749	Geir Ove Strømskag	Frosta I.L	Nord Trøndelag	50.49,0	2.26,0
	750	Bjørn A.Kroken	Narvik	Nordland	50.49,0	2.26,0
8	642	Morten Guin	I.L.Varden	Nord Trøndelag	50.53,0	2.30,0
9	657	Arne Bøhle	Geilo I.L	Buskerud	51.10,0	2.47,0
10	751	Vegard Granheim	Strindheim	Sør-Trøndelag	51.12,0	2.49,0
11	733	Torstein Korsvold	Faaberg	Oppland	51.16,0	2.53,0
12	690	Torstein Ingvaldsen	Vind	Oppland	51.21,0	2.58,0
13	675	Alf Medhus	Røldal	Bergen og Hordala	51.26,0	3.03,0
14	679	Dag Christiansen	Øyer	Oppland	51.27,0	3.04,0
15	677	Bjørn Are Laukli	Konnerud I.L	Buskerud	51.29,0	3.06,0
16	658	Jon Thomas Renå	Hommelvik	Sør-Trøndelag	51.35,0	3.12,0
17	743	Frode Lillefjell	Stod I.L	Nord Trøndelag	51.45,0	3.22,0
18	673	Bjørn Harald Berg	Medkila Skilag	Troms	51.52,0	3.29,0
	712	Rune Svartvadet	Sørskogbygda	Hedmark	51.52,0	3.29,0
20	646	Ole Henrik Evensen	Vind	Oppland	51.53,0	3.30,0
	710	Geir Egil Norbom	Konnerud I.L	Buskerud	51.53,0	3.30,0
	732	Espen Aune	Høybråten og Stovner	Oslo	51.53,0	3.30,0
23	709	Even Landsem	Rindals-Troll	Sør-Trøndelag	51.55,0	3.32,0
24	674	Bjørn Roald Mikkelsen	I.L.Frea	Finnmark	51.57,0	3.34,0
25	739	Frank R.Kristiansen	Tromsø Skiklub	Troms	51.58,0	3.35,0
26	656	Jon Sverre Sugaren	Nor	Sør-Trøndelag	52.04,0	3.41,0
27	738	Endre Sagnes	Otterøy I.L	Nord Trøndelag	52.09,0	3.46,0
28	697	Rune Nordby	Lensbygda	Oppland	52.11,0	3.48,0
29	708	Henning Røberg	Nittedal	Oslo	52.16,0	3.53,0
30	640	Ola G.Bustad	Blaker	Aurskog/Høland	52.22,0	3.59,0
	667	Per Arne Sæterlid	Hyen	Sogn og Fjordane	52.22,0	3.59,0
	742	Egil Westgård	Nordbygda	Hedmark	52.22,0	3.59,0
33	687	Ragnar Bøylestad	Froland	Aust Agder	52.27,0	4.04,0
34	692	Asmund Mellemsæther	Snøhetta	Sør-Trøndelag	52.28,0	4.05,0
35	769	Arnt Oluf Eide	Snåsa I.L	Nord Trøndelag	52.29,0	4.06,0
36	744	Espen Thorsby	Bærum	Asker og Bærum	52.32,0	4.09,0
37	672	Kennet Dastøl	Skoppum	Vestfold	52.35,0	4.12,0
38	655	Heiki Haugland	Snøhetta	Sør-Trøndelag	52.38,0	4.15,0
	730	Per Fridolf Hillestad	Hafslo	Sogn og Fjordane	52.38,0	4.15,0
	762	Pål Rise	Brumundal	Hedmark	52.38,0	4.15,0
41	774	Kai Rye	Byåsen	Sør-Trøndelag	52.40,0	4.17,0
42	671	Vidar Haugse	Viljar	Bergen og Hordala	52.41,0	4.18,0
43	746	Odd Kåre Sivertsen	I.L.Pioner	Troms	52.45,0	4.22,0
44	670	Jan Th.Johnsen	Eidsvoll Værk Skickl.	Romerike	52.50,0	4.27,0
45	715	Kjetil Bolme	Rindals-Troll	Sør-Trøndelag	52.51,0	4.28,0
	722	Trond Inge Nilsen	Osterøy	Bergen og Hordala	52.51,0	4.28,0
47	756	Robert Otterlei	Byåsen	Sør-Trøndelag	52.53,0	4.30,0
	757	Terje Drøyvold	Bratsberg	Sør-Trøndelag	52.53,0	4.30,0
49	654	Morten Moen	Tyllidal	Hedmark	52.54,0	4.31,0

Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
	668	Stein Joks	Nordreisa I.L	Troms	52.54,0	4.31,0
51	650	Wegar Løkken	Raufoss	Oppland	52.55,0	4.32,0
52	652	Håkon Wullum	Bratsberg	Sør-Trøndelag	52.56,0	4.33,0
53	706	Trond Bjørge	Fåvang	Oppland	52.58,0	4.35,0
54	661	Frode Nilsen	Fauske	Nordland	52.59,0	4.36,0
55	702	Atle Sørensen	Eidsvoll Verk skiklub		53.02,0	4.39,0
56	754	Tom Arne Karlsen	Jevnaker	Oppland	53.04,0	4.41,0
57	698	Jan Audun Torsen	Rygene	Aust Agder	53.10,0	4.47,0
58	700	Svein Dybvik	Linderud	Oslo	53.11,0	4.48,0
	759	Sten Hammer	Sparbu I.L	Nord Trøndelag	53.11,0	4.48,0
	763	Per Gunnar Solberg	Svarstad	Vestfold	53.11,0	4.48,0
61	705	Trond Benum	Byåsen	Sør-Trøndelag	53.16,0	4.53,0
62	752	Jon Tore Mogen	Høybråten og Stovner	Oslo	53.20,0	4.57,0
	778	Sigurd Sundt	Båsno og Yttern	Nordland	53.20,0	4.57,0
64	741	Kjetil Olsen	Linderud	Oslo	53.24,0	5.01,0
65	748	Kjetil Kristiansen	Asker	Asker og Bærum	53.27,0	5.04,0
	765	Jon Kåre Løvoll	Eidsdal	Møre og Romsdal	53.27,0	5.04,0
67	684	Svein Erik Fone	Gjerstad		53.28,0	5.05,0
68	647	Knut H.V.Pedersen	Eidsvoll Værk Skikl.	Romerike	53.30,0	5.07,0
	649	Runar Sundal	Hokksund I.L	Buskerud	53.30,0	5.07,0
	726	Johnny Mostrøm	Osterøy	Bergen og Hordala	53.30,0	5.07,0
71	766	Aksel Ervik	Eidsvoll Værk Skikl.	Romerike	53.39,0	5.16,0
72	662	Morten Kløvstad	I.F.Liungen	Buskerud	53.44,0	5.21,0
73	664	Frode Larsen	Mjøndalen I.F	Buskerud	53.45,0	5.22,0
74	701	Geir L.Eriksen	Kragerø	Telemark	53.47,0	5.24,0
75	699	Ole-Jacob Sande	Gaular	Sogn og Fjordane	53.55,0	5.32,0
76	681	Svein Amlie	Østre Toten	Oppland	53.56,0	5.33,0
77	685	Jarle Thorsrud	Geilo I.L	Buskerud	53.57,0	5.34,0
	723	Per Inge Johnsen	Eidsvoll Værk Skikl.	Romerike	53.57,0	5.34,0
79	682	Bjørnar Håkonsmoen	Risberget	Hedmark	54.05,0	5.42,0
80	689	Øyvind Tofte	Kjelsås	Oslo	54.07,0	5.44,0
81	745	Erlend Ysland	Heimdal	Sør-Trøndelag	54.12,0	5.49,0
82	703	Espen Suhr	Alta I.L	Finnmark	54.17,0	5.54,0
83	713	Eilif Furuli	Lillehammer	Oppland	54.19,0	5.56,0
84	691	Ingve Ousdal	Tonstad I.L	Vest-Agder	54.26,0	6.03,0
85	770	Ståle Talmo	Malm	Nord Trøndelag	54.31,0	6.08,0
86	731	Roger Løkvik	Byåsen	Sør-Trøndelag	54.32,0	6.09,0
87	740	Jon A. Hovde	Rustad	Oslo	54.34,0	6.11,0
88	683	Tor Joar Ravndal	Gjesdal	Rogaland	54.36,0	6.13,0
89	758	Odd Arne Grønlie	Vikersund I.F	Buskerud	54.38,0	6.15,0
90	707	Andre Sørensen	Nordreisa I.L	Troms	54.41,0	6.18,0
91	659	Jørn Nordgård	Viljar	Bergen og Hordala	54.43,0	6.20,0
	660	Håvard Moheim	Øyer	Oppland	54.43,0	6.20,0
93	644	Jon Markus Lervik	Øksendal	Møre og Romsdal	54.46,0	6.23,0
94	638	Tore Nyborg	Lekang	Nordland	54.50,0	6.27,0
	764	Roar Thorud	Botne	Vestfold	54.50,0	6.27,0
96	719	Ole Morten Hustad	Rival	Møre og Romsdal	55.02,0	6.39,0
	729	Vidar Skjeveland	Gjesdal	Rogaland	55.02,0	6.39,0
98	721	Halgeir Bergestuen	Adal I.L	Buskerud	55.06,0	6.43,0
	728	Jan Ove Landøy	Fri	Bergen og Hordala	55.06,0	6.43,0
100	737	Einar Anders Eriksen	Kløbu	Sør-Trøndelag	55.07,0	6.44,0
101	725	Vegar Fluge Samuelsen	Gransherad	Telemark	55.10,0	6.47,0
102	736	Torbjørn Næss	Ullensaker Skikl.	Romerike	55.14,0	6.51,0

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Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
103	714	Ketil Aalberg	Byåsen	Sør-Trøndelag	55.16,0	6.53,0
104	693	Trond Hansen	Skoppum	Vestfold	55.32,0	7.09,0
105	768	Tor Ivar Johansen	Båsno og Yttern	Nordland	55.35,0	7.12,0
106	669	Odd Petter Grindahl	Fredrikstad	Østfold	56.06,0	7.43,0
	775	Morten Veiglum	Grorud	Oslo	56.06,0	7.43,0
108	678	Lasse Joar Halvorsen	Konnerud I.L	Buskerud	56.12,0	7.49,0
109	645	Pål Andre Lund	Innstranden	Nordland	56.14,0	7.51,0
110	780	Per Erik Mauseth	Eidsvoll Verk sk		56.15,0	7.52,0
111	755	Gert Sande	Surnadal	Møre og Romsdal	56.17,0	7.54,0
112	717	Svein Nordås	Ø. Slidre	Oppland	56.19,0	7.56,0
113	776	Jarle Kvamme	I.L Nordlyset	Finmark	56.22,0	7.59,0
114	727	Stig Eide	Medkila Skilag	Troms	56.24,0	8.01,0
115	777	Oddbjørn Granli	Ørje	Østfold	56.35,0	8.12,0
116	761	Dag Ottar Mikalsen	Bossmo & Ytteren		56.47,0	8.24,0
117	666	Boye Bøhlerengen	Drøbak Frogn I.L	Follo	56.59,0	8.36,0
118	695	Kristian Sjølie	Hamar	Hedmark	57.04,0	8.41,0
119	724	Sigbjørn Nygård	Øversjødalen	Hedmark	57.14,0	8.51,0
120	760	Hugo Berg	Ankenes	Nordland	57.40,0	9.17,0
121	747	Vegard Rygg	Heimdal	Sør-Trøndelag	57.54,0	9.31,0
122	665	Asle Gudim	Gudim	Østfold	58.05,0	9.42,0
123	773	Toralf Heimdal	Bardu I.L	Troms	58.13,0	9.50,0
124	637	Bernt I. Kristofferse	Høybråten og Stovner	Oslo	58.41,0	10.18,0
125	771	Terje Morten Øksendal	Tonstad I.L	Vest-Agder	58.49,0	10.26,0

----- HEGO TIMING SYSTEM -----



Utskriften avbrutt av operatør

\*\*\*\*\* NM JUNIOR HEIMDAL 1988 \*\*\*\*\*

HEIMDAL 18.2.1988

KLASSISK LANGRENN

HEIMDAL I.L.

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Resultatliste for: Klasse: Gutter 17 År

side: 1

Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
1	619	Gudmund Skjeldal	Bulken	Bergen og Hordala	31.18,0	0,0
2	561	Krister Sørgård	Sandnes I.L	Finnmark	31.19,0	1,0
3	544	Pål Christian Evensen	Vind	Oppland	32.06,0	48,0
4	527	Hasse Benberg	Heimdal	Sør-Trøndelag	32.14,0	56,0
5	570	Geir Skari	Lensbygda	Oppland	32.18,0	1.00,0
6	540	Frank Tore Johansen	Talvik I.L	Finnmark	32.20,0	1.02,0
7	568	Øystein Rønbeck	Rafsbotn I.L	Finnmark	32.27,0	1.09,0
8	549	Terje Arntzen	Ballangen	Nordland	32.29,0	1.11,0
	592	Erik Lundgård	Vang	Hedmark	32.29,0	1.11,0
10	579	Jon Einar Melbye	Vollen	Asker og Bærum	32.36,0	1.18,0
11	548	Bjørn Kristiansen	Grorud	Oslo	32.37,0	1.19,0
12	559	Arve Hårskjold	Strindheim	Sør-Trøndelag	32.48,0	1.30,0
13	536	Håkon Storli	Røros	Sør-Trøndelag	32.49,0	1.31,0
14	521	Ståle Brurok	Bærum Værk	Asker og Bærum	32.55,0	1.37,0
	591	Kristian Eriksen	Byåsen	Sør-Trøndelag	32.55,0	1.37,0
16	622	Birger Rye	Fagernes	Oppland	33.01,0	1.43,0
17	600	Tore Olsen	Rotsundelv I.L	Troms	33.03,0	1.45,0
18	598	Bjørn Kristiansen	Bærum Værk	Asker og Bærum	33.04,0	1.46,0
19	617	Kjell Harry Lyngås	Vinne Skilag	Nord Trøndelag	33.06,0	1.48,0
20	612	Vidar Løfshus	Løkken	Sør-Trøndelag	33.12,0	1.54,0
21	550	Martin Kaggestad	Vikersund I.F	Buskerud	33.14,0	1.56,0
22	558	Nils Inge Moen	Vikersund I.F	Buskerud	33.18,0	2.00,0
23	533	Tommy Mikkelsen	Dyrøy Skilag	Troms	33.20,0	2.02,0
24	535	Knut Rud	Gjerdrum I.L	Romerike	33.26,0	2.08,0
	564	Svein Inge Buhaug	Jotun	Sogn og Fjordane	33.26,0	2.08,0
	604	Geir M.Killingbergtrø	Kolbotn I.L	Follo	33.26,0	2.08,0
27	562	Rangvald Medhus	Røldal	Bergen og Hordala	33.28,0	2.10,0
28	584	Terje Grøtterød	Svarstad	Vestfold	33.29,0	2.11,0
	613	Lars Kihle	Konnerud I.L	Buskerud	33.29,0	2.11,0
30	520	Rune Tveitan	Gjerpen	Telemark	33.31,0	2.13,0
31	552	Sjur Brattabø	Jondal	Bergen og Hordala	33.32,0	2.14,0
32	523	Trond Haugen	Vang	Hedmark	33.33,0	2.15,0
	587	Roar Alsaker	Eid	Sogn og Fjordane	33.33,0	2.15,0
34	526	Ole Kristian Smestad	Stjørdals Blink	Nord Trøndelag	33.35,0	2.17,0
	554	Geir Atle Sangnæs	Eina	Oppland	33.35,0	2.17,0
36	532	Torstein Øvstedal	Otta	Oppland	33.36,0	2.18,0
37	581	Karle Ovesen	Malm I.L	Nord Trøndelag	33.38,0	2.20,0
38	594	Cato Haug	Bekkelaget	Oslo	33.39,0	2.21,0
39	585	Frode Vågen	Utleira	Sør-Trøndelag	33.41,0	2.23,0
40	602	Roar Øfstedal	Hernes	Hedmark	33.44,0	2.26,0
41	597	Svein Erik Tangstad	Støren	Sør-Trøndelag	33.48,0	2.30,0
42	517	Stig Morten Austheim	Henning I.L	Nord Trøndelag	33.53,0	2.35,0
	572	Torbjørn Stokke	Høybråten og Stovner	Oslo	33.53,0	2.35,0
44	543	Torgeir Wiig	Ranheim	Sør-Trøndelag	33.55,0	2.37,0
45	609	Simen Bøe	Kjelsås	Oslo	33.56,0	2.38,0
46	611	Håvard Fosse	Oppsal	Oslo	33.58,0	2.40,0
	624	Lars Kristian Johnsen	Eidsvoll Værk Skikl.	Romerike	33.58,0	2.40,0
48	578	Morten Kristiansen	Gran	Oppland	34.01,0	2.43,0
49	513	Arthur Strand	Bratsberg	Sør-Trøndelag	34.02,0	2.44,0

----- HEGO TIMING SYSTEM -----



Nøkkelen til Produktivitet.

Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
	529	Svein Erik Andersen	Rognan	Nordland	34.02,0	2.44,0
	530	Geir Helge Sesseng	Hommelvik	Sør-Trøndelag	34.02,0	2.44,0
52	519	Nils Petter Sætre	Gjerpen	Telemark	34.04,0	2.46,0
53	525	Jørn Almberg	Ulvungen	Møre og Romsdal	34.05,0	2.47,0
54	534	Henrik Halvorsen	Holmen	Asker og Bærum	34.06,0	2.48,0
55	555	Frank Johnsen	I.F.Kilkameratene	Troms	34.17,0	2.59,0
56	528	Tommy Sagmyhr	Hommelvik	Sør-Trøndelag	34.18,0	3.00,0
	560	Even Sugaren	Nor	Sør-Trøndelag	34.18,0	3.00,0
58	573	Stig Amundsen	Fri	Bergen og Hordala	34.24,0	3.06,0
59	567	Trond Flagstad	Ottestad	Hedmark	34.25,0	3.07,0
60	541	Per Helge Flønes	Selbu	Sør-Trøndelag	34.26,0	3.08,0
61	551	Morten Hellerud	I.L.ROS	Buskerud	34.29,0	3.11,0
62	593	Rune Stokkebekk	Blaker	Aurskog/Høland	34.30,0	3.12,0
63	515	Jon Olav Fuglem	Selbu	Sør-Trøndelag	34.31,0	3.13,0
64	514	Kjetil Bergan	Kongsberg I.F	Buskerud	34.33,0	3.15,0
	518	Cato Nilsen	Rafsbotn I.L	Finnmark	34.33,0	3.15,0
66	625	Ivar Gabrielsen	Kongsberg I.F	Buskerud	34.34,0	3.16,0
67	627	Trond Nystad	Fauske	Nordland	34.36,0	3.18,0
68	531	Kjetil Sangnæs	Bøverbru	Oppland	34.37,0	3.19,0
	576	Øystein Lødøen	Hornindal	Sogn og Fjordane	34.37,0	3.19,0
	607	Eskil Følstad	Spillum I.L	Nord Trøndelag	34.37,0	3.19,0
71	603	Magne Stenvold	I.L.Pioner	Troms	34.39,0	3.21,0
72	583	Bent Ingebrigtsen	Botne	Vestfold	34.40,0	3.22,0
73	542	Geir Helge Espedalen	Skarphedin	Telemark	34.41,0	3.23,0
	623	Arve Myhre	Adal I.L	Buskerud	34.41,0	3.23,0
75	571	Tore Øverås	Hei	Telemark	34.49,0	3.31,0
	626	Frode Nyeng	Heimdal	Sør-Trøndelag	34.49,0	3.31,0
77	620	Jan Eivind Skjøret	Nordre Trysil	Hedmark	34.59,0	3.41,0
78	586	Morten Viken	Øyer	Oppland	35.03,0	3.45,0
79	618	Eivind Lande	Skarphedin	Telemark	35.07,0	3.49,0
80	577	Gjermund Fossnes	Oppegård I.L	Follo	35.08,0	3.50,0
81	589	Geir Belsvik	Kyrksæterøra	Sør-Trøndelag	35.09,0	3.51,0
82	537	Frode Hodne	Marnardal I.L.	Vest-Agder	35.11,0	3.53,0
83	608	Lars Johansen	Åga	Nordland	35.12,0	3.54,0
84	605	Tomas Andresen	Grorud	Oslo	35.14,0	3.56,0
85	621	Håvard Johannessen	Kvaløysletta	Troms	35.16,0	3.58,0
86	524	Ragnar Melhus	Selsbakk		35.19,0	4.01,0
	601	Martin Ree	Støren	Sør-Trøndelag	35.19,0	4.01,0
88	546	Pål Martinsen	Nordvågen I.L	Finnmark	35.26,0	4.08,0
89	545	Per Asbjørn Flugstad	Røra I.L	Nord Trøndelag	35.27,0	4.09,0
	557	Gøran Ivarson	Narvik	Nordland	35.27,0	4.09,0
	588	Stein Vidar Brække	Veldre	Hedmark	35.27,0	4.09,0
92	539	Jan Henning Løken	Bækkelaget	Oslo	35.29,0	4.11,0
93	614	Frode Stiansen	Trysilgutten	Hedmark	35.31,0	4.13,0
94	596	Erling Nordbø	Otra	Aust Agder	35.36,0	4.18,0
95	574	Nils Bull Flesland	Rustad	Oslo	35.42,0	4.24,0
	595	Geir Gustavsson	Bækkelaget	Oslo	35.42,0	4.24,0
97	569	Lars Haugseth	Vang	Hedmark	35.44,0	4.26,0
98	615	Lars Gunnar Landrø	Lensvik	Sør-Trøndelag	35.45,0	4.27,0
99	580	Asbjørn Bollestad	Gjesdal	Rogaland	35.53,0	4.35,0
	582	Roger Solberg	Setskog	Aurskog/Høland	35.53,0	4.35,0
	610	Knut Nystad	Fauske	Nordland	35.53,0	4.35,0
102	516	Geir Age Rønneberg	Eidsdal	Møre og Romsdal	36.01,0	4.43,0

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Pl:	Snr:	Navn	Klubb	Krets	Tid	Tid etter
103	599	Bjørnar Kjelstadli	Hovdebygda	Møre og Romsdal	36.06,0	4.48,0
104	512	Yngve Lamo	Mosjøen il		36.09,0	4.51,0
105	590	Roy Hansen	I.L.Holeværingen	Buskerud	36.19,0	5.01,0
106	522	Erik Hestad	Molde	Møre og Romsdal	36.35,0	5.17,0
107	538	Ronny Isaksen	Båtsfjord I.F	Finnmark	36.37,0	5.19,0
108	556	Ørjan Olsen	Grytting	Nordland	37.15,0	5.57,0
109	606	Petter Hobbeldstad	Hokksund I.L	Buskerud	37.27,0	6.09,0

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